



# PS SPORTS COACHING

## SCHOOL CLUBS JANUARY 2024

ST JUDE'S JUNIOR SCHOOL

### Monday 8th Jan - 25th March

**3.15 - 4.15pm** Dodgeball Yr 3,4,5 & 6 **£88**

### Tuesday 9th Jan - 26th

**3.15 - 4.15pm** Football Yr 3,4,5 & 6 **£88**

### Wednesday 3rd Jan - 27th March

**3.15 - 4.15pm** Athletics Yr 3,4,5 & 6 **£96**

### Wednesday 3rd Jan - 27th March

**3.15 - 4.30pm** Dance Yr 3,4,5 & 6 **£96**

Dance club will now be held at St Cuthberts school next door to St Jude's.  
Mrs Boyt will collect the children . Pick up from St Cuthberts

### Thursday 4th Jan - 28th March

**3.15 - 4.15pm** Girls Football Yr 3,4,5 & 6 **£96**



### FOOTBALL

Fun warm up games, skill development and small sided matches. Ideal for beginners and more talented players.



### ATHLETICS

Learn the foundations of athletics events through game-based activities. Our older athletes will take part in fun activities to build core skills and learn running, jumping and throwing techniques.



### DANCE

Fun warm up games, easy to learn routines to popular music. Opportunities to perform to parents and school at talent show and summer fair.



### DODGEBALL

Dodgeball is a super fun game played with soft, safe balls. The children are split into two teams and aim to hit each other with the balls. The children learn defending and attacking techniques and take part in matches.



### GIRLS FOOTBALL

Fun warm up games, skill development and small sided matches. Ideal for beginners and more talented players.

Book at  
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