

# SCHOOL CLUBS JANUARY 2024

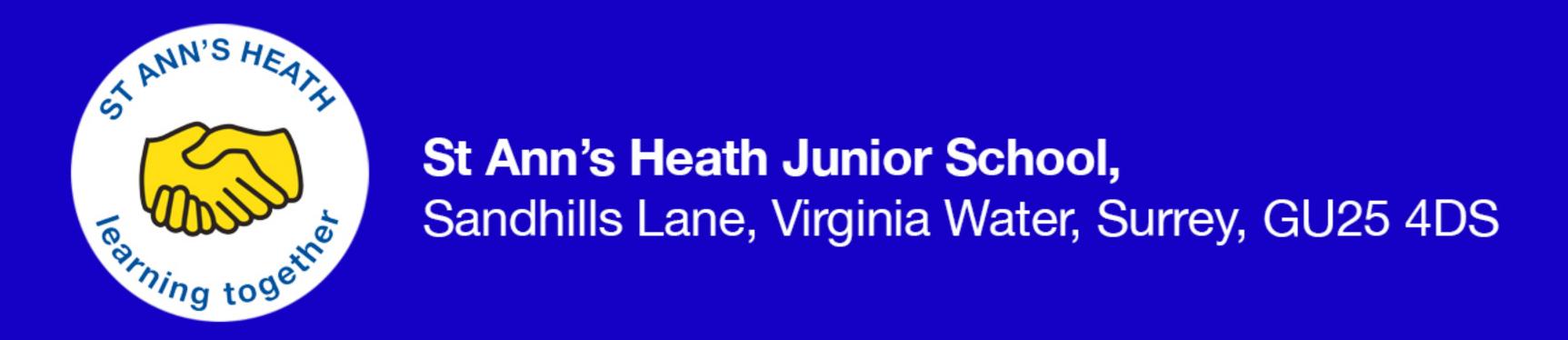
ST ANN'S HEATH

Monday 8th Jan -	- 25th March	
3:10 – 4:20pm	Football Yr 3,4,5 & 6	£88
Tuesday 9th Jan	- 26th March	
3:10 – 4:20pm	Tennis Yr 3,4,5 & 6	£88
Thursday 4th Ja	n - 27th March	
8:10 – 8:40am	Dodgeball Yr 3,4,5 & 6	£66
Friday 5th Jan - 2	2nd March	
8:10 – 8:40am	Cross Country Yr 3,4,5 & 6	£66
3:10 – 4:20pm	Fun & Fitness Yr 3.4.5 & 6	£88

Book at https://pssportscoaching.ipalbookings.com/ or scan the QR code

We accept childcare vouchers

Visit https://pssportscoaching.com/school-clubs/ for more info or email info@pssportscoaching.com





### **FOOTBALL**

Fun warm up games, skill development and small sided matches. Ideal for beginners and more talented players.



### **DODGEBALL**

Dodgeball is a super fun game played with soft, safe balls. The children are split into two teams and aim to hit each other with the balls. The children learn defending and attacking techniques and take part in matches.



#### **FUN & FITNESS**

A variety of fun team games and activities to music. Ideal for developing fitness and confidence.



## **CROSS COUNTRY**

Our cross-country club is a great way to learn running techniques, improve fitness, practise long distance running and prepare for competitions. The sessions are fun and often include music to motivate the children.



