



PS SPORTS COACHING

SCHOOL CLUBS JANUARY 2024

ST ANN'S HEATH

Monday 8th Jan - 25th March

3:10 – 4:20pm Football Yr 3,4,5 & 6 **£88**

Tuesday 9th Jan - 26th March

3:10 – 4:20pm Tennis Yr 3,4,5 & 6 **£88**

Thursday 4th Jan - 27th March

8:10 – 8:40am Dodgeball Yr 3,4,5 & 6 **£66**

Friday 5th Jan - 22nd March

8:10 – 8:40am Cross Country Yr 3,4,5 & 6 **£66**

3:10 – 4:20pm Fun & Fitness Yr 3,4,5 & 6 **£88**

Book at

<https://pssportscoaching.ipalbookings.com/>
or scan the QR code

We accept childcare vouchers

Visit <https://pssportscoaching.com/school-clubs/> for more info
or email info@pssportscoaching.com



St Ann's Heath Junior School,
Sandhills Lane, Virginia Water, Surrey, GU25 4DS



FOOTBALL

Fun warm up games, skill development and small sided matches. Ideal for beginners and more talented players.



DODGEBALL

Dodgeball is a super fun game played with soft, safe balls. The children are split into two teams and aim to hit each other with the balls. The children learn defending and attacking techniques and take part in matches.



FUN & FITNESS

A variety of fun team games and activities to music. Ideal for developing fitness and confidence.



CROSS COUNTRY

Our cross-country club is a great way to learn running techniques, improve fitness, practise long distance running and prepare for competitions. The sessions are fun and often include music to motivate the children.



SCAN ME