



PS SPORTS  
COACHING

## SPORTS CLUBS SEPTEMBER 2022

ST ANN'S HEATH

### Monday 5th September to Monday 12th December

3:10 – 4:20pm Football Yr 3,4,5 & 6 £105

### Tuesday 6th September to Tuesday 13th December

3:10 – 4:20pm Tennis Yr 3,4,5 & 6 £105

### Thursday 8th September to Thursday 15th December

8:00 – 8:40am Dodgeball Yr 3,4,5 & 6 £70

### Friday

#### Friday 9th September to Friday 16th December

8:00 – 8:40am Cross Country Yr 3,4,5 & 6 £70

#### Friday 9th September to Friday 9th December

3:10 – 4:20pm Fun & Fitness Yr 3,4,5 & 6 £97.50

We accept childcare vouchers

Book at <https://pssportscoaching.schoolipal.co.uk/>  
and scroll down to St Ann's Heath.

Visit <https://pssportscoaching.com/school-clubs/> for more info  
or email [info@pssportscoaching.com](mailto:info@pssportscoaching.com)



St Ann's Heath Junior School,  
Sandhills Lane, Virginia Water, Surrey, GU25 4DS



### FOOTBALL

Fun warm up games, skill development and small sided matches. Ideal for beginners and more talented players.



### DODGEBALL

Dodgeball is a super fun game played with soft, safe balls. The children are split into two teams and aim to hit each other with the balls. The children learn defending and attacking techniques and take part in matches.



### FUN & FITNESS

A variety of fun team games and activities to music. Ideal for developing fitness and confidence.



### CROSS COUNTRY

Our cross-country club is a great way to learn running techniques, improve fitness, practise long distance running and prepare for competitions. The sessions are fun and often include music to motivate the children.