

PS Sports Coaching October Multi Sports Course Information – St Ann’s Heath

We hope you are ready for some fun!

Things will be slightly different than usual so please read through the following guidance to make sure we all stay safe. Any questions please email us.

Before leaving home please check if anyone in your household has COVID symptoms and check your child’s temperature. If it is 37.8 or above, please stay at home and refer to www.gov.uk/government/publications/covid-19-stay-at-home-guidance

Arrival is between 8:30 and 9:30am

Park in the main car park and walk through the double gates and across the playground towards the portacabin (Den) to sign in.

If other children are signing in, please wait and adhere to social distancing.

The gate will be locked between 9:30am and 3:30pm. If you arrive late please phone 07919206146.

Parents will not be allowed past the sign in area. If you have any questions or concerns throughout the day, please do not hesitate to call us.

Your child will have their own area to store their belongings.

We plan to be outside at much as possible but in case of bad weather the children will take part in activities in the hall and classroom, but the two bubbles will not mix.

Pick up is between 3:30pm and 4:30pm

On arrival at the Den a member of staff will bring your child out to you. Please do not enter the Den and adhere to social distancing.

How will my child be looked after?

Your child will be grouped in ‘bubbles’, according to government guidelines. Each bubble will be allocated a designated area & equipment for the day and they will not mix with other bubbles. We will maintain the same bubbles, as far as is possible, throughout the week.

What does my child need to bring?

Packed lunch, including a small snack for morning break (no nuts)

Refillable water bottle

Suitable clothing - We will be outside as much as possible

A raincoat if rain is forecast

Spare clothes for younger children

What measures have you put in place to ensure PS Sports Coaching is COVID secure?

- Limited capacity - maximum of 30 children at each venue.
- Children will be grouped in 'bubbles', according to guidelines and based on their age. Bubbles will not mix throughout the day.
- Each bubble will be allocated a designated area & equipment and have access to their own toilets.
- Strict cleaning protocols will be carried out at regular intervals throughout the day.
- Staff will regulate regular, thorough handwashing with running water and soap throughout the day, including on arrival, before and after eating and after using the toilets. Children's handwashing will be supervised.
- Staff and parents will always be asked to maintain strict 2-meter social distancing and staggered drop-off & pick-up times will be in place.
- Children will be gently reminded daily to maintaining appropriate distances where possible.
- Activities will be taking place outside, as much as possible, and each bubble will have a dedicated indoor space, limiting movement between areas and reducing risk of bubbles mixing.
- Activity rooms and other environments will be well ventilated and organised so we can maintain space between seats and play spaces where possible.
- All resources used will be cleaned with anti-bacterial spray daily.
- Parents asked to take child's temperature before leaving home and not attend if it is 37.8 or above.
- Staff training will take place prior to the course to make sure everyone
- Detailed email sent to parents before the course explaining the procedures and routines.

What happens if my child displays symptoms whilst they are at the course?

If anyone at PS Sports Coaching becomes unwell with a new, continuous cough or a high temperature, or has a loss of, or change in, their normal sense of taste or smell (anosmia), or say that they are feeling unwell they will be taken to an isolation area. A member of staff will stay with them until they are collected.

They will be advised to self-isolate for 7 days and arrange to have a test to see if they have coronavirus COVID-19. You can do this by visiting [NHS.UK](https://www.nhs.uk). Fellow household

members should self-isolate for 14 days. If the child tests negative, they can return to the setting and the fellow household members can end their self-isolation.

If the child tests negative but is unwell, they should not return to that setting until they are recovered. Where the child, tests positive, NHS Test and Trace will speak directly to those they have been in contact with to offer advice. PS Sports coaching will contact Public Health England's local health protection teams will conduct a rapid investigation and will advise on the most appropriate action to take.

We are looking forward to seeing you all.

PS Sports Coaching team